



Support Scheme to enhance inclusion of women in communities

NCCWN
WOMEN'S
EQUALITY &
DEVELOPMENT
PROGRAMME
Report for 2016

Introduction

Established in 2002, the National Collective of Community Based Women's Networks (NCCWN) is a national organisation that works directly with and represents the interests of women from communities in rural and urban settings throughout Ireland. The purpose of the organisation is to enable women experiencing disadvantage, to network and have a voice in national policy developments, consolidating many years of informal feminist networking and information sharing in the women's community sector, dating back to the 1990s. This networking arose from a shared concern to address women's poverty, the marginalisation and exclusion of women, and the need for a gender perspective in community development. Working from a feminist perspective and ethos, achieving full gender equality, particularly in relation to women experiencing disadvantage has consistently been the central goal of the NCCWN.

The NCCWN is comprised of 17 locally based women's projects. These projects evolved from projects funded under the Community Development Programme. Community education has been one of the core tools used in community development, and has its roots in working class women's activism to respond to women's inequality and oppression. It has continued to be at the heart of the NCCWN's activities and of the work of local women's projects.

In September 2010, in the response to policy changes that saw the merger of the projects funded under the Community Development Programme with their Local Development Companies, NCCWN and its member groups successfully lobbied to remain outside these arrangements, with NCCWN being assigned responsibility for the targeting actions and strategies to advance women's equality using community development approaches to working with women in the 17 areas in which its constituent organisations worked. NCCWN was required to alter its structure from an organisation with a number of local member organisations throughout the country legally constituted in their own right, to a national structure with 17 constituent women's groups under the legal auspices of NCCWN with 46 employees. In January 2016, responsibility for funding and monitoring the work of NCCWN, was transferred from the Department of Environment, Community and Local Government to the Department of Justice and Equality. This work involves the delivery of a Women's Equality & Development Programme aimed at enhancing the social inclusion of women in communities and promoting equality for women.

Under that arrangement, each of the 17 NCCWN women's projects continues to provide a focal point for local women's groups and activities. The projects continue to be sustained by significant voluntary activity, through a local steering committee for each project and up to three, usually part-time staff, working as coordinators, development workers and administrators. This voluntary activity has been essential to sustaining the sector and represents significant value, resulting in substantial outcomes for women at a very low cost.

The NCCWN addresses a wide diversity of issues impacting on the most disadvantaged women in the country. The specific focus on women experiencing disadvantage includes support for women living in poverty and disadvantage, older women, lone parents, women from the Traveller community, minority ethnic and migrant women, disabled women, lesbian and bisexual women, women living in rural areas and women experiencing domestic violence.

The experience of the NCCWN projects is that investing in women's empowerment and community development has lasting impacts on the social and economic fabric of society, in sustaining and building community cohesion and inclusion, and the achievement of equality at a societal level. The women's community development movement has played a pivotal role in Ireland and many countries across the world in highlighting the factors that have shaped the lives and experiences of women living in poverty and disadvantage.

Women's role in community development is transformative in its very nature. On the one hand, this has given visibility to and an analysis of women as marginalised, disempowered and oppressed; while on the other hand, it also made visible the critical role that women play as the mainstay of local communities through their involvement in community development activities. Often described as the 'unsung heroes of community action', women have become critical to community cohesion and inclusion, and the achievement of equality at a societal level in roles that are often invisible and under-valued. The focus of the NCCWN is on the empowerment of women and in building the capacity of women to contribute to benefitting the lives of their families and their local communities. The main activities include:

- Community development and community building;
- Pre-development and training support to provide a pathway to education and training;
- Bringing a 'gender lens' to mainstream community and local development initiatives family support and parenting, and childcare support;
- Addressing gender-based violence;
- Promoting women's equality, community leadership and empowerment;
- · Promoting women's health and well-being;
- Awareness -raising on gender equality and women's human rights;
- Improving access to local services;
- Networking of women at local, regional, national and international levels.

The NCCWN and its seventeen branches have consolidated and built the organisation and are working collectively to have a positive impact on the community women's sector providing collective analysis, collective action and collective outcomes for women.

NCCWN Ethos, Vision, Mission and Strategy

Vision

Our vision is a just and equal society for all women

Mission

Our mission is to support the empowerment of and advocate for women who experience disadvantage and marginalisation, and to promote social justice, women's human rights and equality bringing about positive and sustainable changes to women's lives and society.

Strategy

NCCWN does this by using community development and feminist approaches, with an emphasis on policy informed by the direct experiences of women, and challenging structures, attitudes and behaviours that marginalise women. NCCWN has a strong focus on advocating for women to bring about positive and sustainable changes to women's lives and society

Approach and principles

The NCCWN works from two core approaches – a feminist approach and a community development approach both of which are intrinsically linked. These approaches underpin all aspects of NCCWNs work and organisational structure.

Core Values

The following values are at the core of NCCWN work:

- Feminism the NCCWN is a feminist organisation that sees women as equal to men and promotes actions and strategies to realise this;
- Gender Equality NCCWN plays a key role in challenging gender inequality (in particular through its local structures) and monitoring the impact of policies, actions and programmes on women and seeking change when required;
- Collective analysis, collective action and collective outcomes. The NCCWN
 was formed on the basis that working together secures better outcomes for
 women as a group rather than individuals;
- Equality, human rights, anti-discrimination and recognition of diversity supporting and promoting the human rights of women and challenging discrimination, especially under the nine grounds incorporated in Irish equality legislation race, religious belief, gender, age, family status, sexual orientation, membership of the Traveller community, disability, marital status;
- Participation We work to promote the equal and meaningful participation of women in the decision making structures and processes that affect their lives;
- Social Justice We work to promote the equal distribution of power and resources in society and to challenge unequal power relationships and the unequal distribution of resources that lead to poverty, social exclusion and inequality;
- Women's empowerment NCCWN works in a way that supports women to take leadership and make decisions on issues affecting them;
- Community Education working from the grassroots up, combining an adult education approach with community development principles;
- Social Inclusion working in an inclusive way with an anti-poverty focus;
- Solidarity recognising women's experiences are not all shared and that some women encounter greater barriers and difficulties than others. The NCCWN is

committed to recognising those diverse experiences and taking action to overcome the challenges that face the most marginalised women.

NCCWN seeks to promote the principles of community work in our activities, processes and policies.

Strategic Priorities

The four strategic priorities which form the basis of our work are:

Strategic Priority 1: Engagement Strategic Priority 2: Participation

Strategic Priority 3: Equality and Policy

Strategic Priority 4: Organisational Development and Sustainability

Company Profile/Overview

Company's registered name: National Collective of Community Based Women's Networks

(NCCWN)

Charity Number: 6420554P

Company Registration Number: 40054

Employers Registration Number: 9609243A

Tax Clearance Number: 06420554 - 00220V

Details of Board Members and administration staff responsible for overall work of the NCCWN

Ann Fitzgerald, Waterford Women's Centre*(Chairperson)
Noeline O'Neill, Blayney Blades*
Rita Hansard, Clondalkin Women's Network (Company Secretary) *
Gillian Aspell, Dochas for Women
Rita Sweeney, Ronanstown Women's CDP*
Bernadette Kennedy, Southwest Kerry Women's Association *
Carol McCrossan, Donegal Women's Network

Carol McCrossan, Donegal Women's Network Brigid McGourty, North Leitrim Women's Centre*

* Also registered as directors

National Coordinator: Miriam Holt

National Administrator: Sharon Geraghty

The NCCWN local Women's Projects are listed below:

- Clare Clare Women's Network
- Donegal Donegal Women's Network
- Dublin Southside Women's Action Network; Women Together Tallaght; Clondalkin Women's Network, Rowlagh Women's Group, Ronanstown Women's CDP; NCCWN
- Kerry South Kerry Women's
- Leitrim North Leitrim Women's
- Limerick Limerick Women's
- Network
- **Mayo** Claremorris Women's
- Group **Monaghan** Dochas,
- Blaney Blades
- Roscommon Roscommon Women's Network
- Waterford Waterford Women's Centre
- Westmeath Women's Community Projects Mullingar Wexford Access 2000 Wexford

6. To be signed by Chairperson.

Minin Helt

Quantitative Report 2016

Strategic Priority 1: ENGAGEMENT

AIM: To engage with women experiencing disadvantage through outreach and predevelopment work in order to reduce isolation, increase confidence, build relationships and empower women.

OBJECTIVES	ACTIONS	OUTPUTS
To support women experiencing disadvantage to overcome the barriers that prevent them from reaching their full potential in society	 Carry out needs assessments - then develop and effectively implement work plans to meet local needs and in line with national goals and objectives. Provide services and supports where needed to overcome barriers to participation Facilitate access to existing services and supports through referrals 	17 local Work plans developed based on ongoing local needs and National Objectives Services/Supports Provided

		1,020 Referrals Received from Organisations/Agencies 2,244 Referrals Made to Organisations/Agencies Agencies Referred To/From, Training centres, VTOS, NALA, Counselling, St. Vincent de Paul, Women's Aid, Women's Refuge, Wheelchair Association, Barnados, Pieta House, MABs, FRC, Immigrant Support, Guidance Service, Social Workers, Financial Regulator, Homecare Agencies, Cancer Support, Probation Services, Community Mothers, Focus Ireland, Jobs Club, Legal Aid, County Council, SICAP,
To engage, support and encourage women to participate in all aspects of community life	 Retain and develop our presence in local communities, providing first point of contact for women Organise events and information sessions/opportunities that provide hard to reach women, with information on specific issues that affect them and refer or signpost as appropriate 	Centre for Independent Living All 17 Projects maintain an 'Open Door' policy where women can drop in for support/information at any time 63 Information Days 3,791 attendees (See Appendix) 34 editions of Women's Newsletters produced 5,427 women on databases 8,524 women engaged by phone
		7,164 engaged in person
To raise awareness of women's equality issues and promote women's equality	 Use a collective approach to raising awareness by marking key dates and engaging women in a range of campaigns to mark key dates and events for women Support the development of networking and support structures for women in local communities 	49 Celebration Days 2,736 attendees were held – 17 NCCWN Projects marked International Women's Day and the 16 Days of Action Against Violence Against Women (See Appendix re events) 12 awareness raising campaigns

- Gender Equality
 Awareness
- Human Trafficking
- International antihuman trafficking
- Breast Cancer Awareness
- Rwanda Conflict Refugee Crisis
- Small Group
 Participation in QQI
- Local Campaign for Community Arts Building
- Message in a Bottle
 Campaign
- Repeal the 8th
- 16 Days
- End Direct Provision
- Turn off the Red Light
- Social Media & Sexual Abuse

97 women's groups supported (See Appendix)) through administration, planning, facilitation, organisation, facilities, facilitation, accessing information, sourcing funding, funding applications, promotion

7 Local Counselling Services in NCCWN Projects offering Bereavement, Crisis, Loss, Family, Abuse counselling

1,558 Counselling Sessions in 2016

€33,000 leveraged from Tusla/Electric Ireland in addition to local fundraising

140 Community/
Interagency groups
participated in & supported
(See Appendix)

73 Newspaper/radio articles

Strategic Priority 2: PARTICIPATION

AIM: To facilitate and support progression of women experiencing disadvantage from engagement to active participation

OBJECTIVES	ACTIONS	OUTPUTS
To mobilise women, raising their consciousness of the issues affecting them	 Promote and support the engagement of women experiencing disadvantage to participate in women centred capacity building programmes 	2,288 meetings held/attended Ongoing support/interaction with groups/agencies on behalf of women
To facilitate women's capacity building to represent the collective concerns of women especially those experiencing disadvantage	 Design and carry out actions that support and provide opportunities that enable women to develop their potential and make informed choices about their future Support and organise the delivery of a range of accessible formal and informal community education and training programmes that are tailored to meet the needs of women in our communities. 	158 Training Sessions 4,325 Participants (See Appendix)
To represent women, and support women's representation and participation in a range of relevant structures locally, regionally and nationally	 Identify relevant local structures for women's participation including school committees, community groups, PPNs, local Development Companies, LCDCs and ETBs Support the participation of women/women's groups and build their capacity to participate on community policy and decision making for a 	140 Committees/Interagency Groups with NCCWN Members 97 women's groups supported
To challenge barriers to women's participation locally, regionally and nationally	 Support women to name barriers to their participation and work with relevant organisations to identify women's needs and 	5 Childcare Centres 166 Childcare Places 29 Staff (funded by POBAL/DSP)

reduce their barriers to	
participation	

Strategic Priority 3: POLICY & EQUALITY

AIM: To develop strategies to provide women with the support, skills and confidence to articulate and voice the issues that matter to them and support their representation at local, regional and national level.

OBJECTIVES	ACTIONS	Report On
To promote the equality and inclusion of women experiencing disadvantage locally and nationally highlighting their needs and perspectives	 Research, identify and articulate the needs of women experiencing disadvantage at decision making arenas locally, regionally and nationally, to influence the development of policies that affect their lives. Develop relevant awareness raising events and campaigns Engage with all Government Departments on issues in relation to women of women experiencing disadvantage 	6 local pieces of research carried out and reports on research findings presented -Needs of young women in Castlerea - What Employers want in Mullingar - Women's History -The role of Home Carers - Needs Analysis -Social Research for PHD 24 Submissions were made to national decision making arenas - NCCWN collaborated with NWCI to contribute to the development of a gender proofing plan and document to help raise awareness among local authorities and LCDCs of their responsibilities in relation to the inclusion and participation of women - NWCI/NCCWN hosted workshop at DECLG/POBAL/SICAP event in May. NCCWN Donegal Women's Network presented a case study - NCCWN Chair represented NCCWN as a Delegate to Meeting of People Experiencing Poverty in Brussels 15-16 November.
To build the capacity of NCCWN projects to	 Provide opportunities for training & development and 	22 Staff Training Sessions held

Strategic Priority 4: ORGANISATIONAL DEVELOPMENT & SUSTAINABILITY

AIM: To develop the NCCWN to be able to fulfil its objectives and to ensure the sustainability of the organisation

OBJECTIVES	ACTIONS	Report On
To build the capacity of the NCCWN management to support the NCCWN locally and nationally to develop and enhance operational capacity	 Strengthen the NCCWN Board by ongoing capacity building and upskilling Ensure highest levels of governance and accountability Ensure the NCCWN Board are complying with employment responsibilities and obligations 	Board skills and governance training was held on 29 th and 30 th April. Following training, Board reviewed and revised governance documents, including board member induction information. Board agreed to have an annual governance meeting to review all governance policies, documents and effectiveness of Board Organisational policies on Board induction, travel & subsistence, procurement and financial policies and procedures were updated in 2016 9 NCCWN Board Meetings 9 NCCWN financial subgroup meetings NCCWN AGM was held on 22 nd September Following consultation, the NCCWN Staff Handbook was updated and circulated to all NCCWN staff members 3 NCCWN staff retired in 2016 and one resigned. 5 NCCWN Staff Recruitment processes were carried out in 2016.
To build the capacity of NCCWN management and staff to inform and input to organisational and policy development.	Establish and agree a format for projects to promote the mission and vision of NCCWN	NCCWN National Strategic Plan agreed & rolled out locally
	 Coordinate local actions and promote and brand 	NCCWN brand used locally

	these actions under the banner of the NCCWN	through standardised use of logo and letterhead
To ensure the sustainability of the NCCWN	 Provide staff development and training Ensure feedback mechanisms are in place to support communications between local and national structures Ensure Advisory Groups locally are supported to participate in governance structures at local and national level Identify organisational needs and develop strategies to ensure adequate resources to support the sustainability of the organisation 	22 Staff Training Sessions. Training sessions included separate sessions for 15 Administrators, 12 Development Workers and 17 Coordinators. Following the training, all job descriptions were updated to outline current roles and responsibilities taking account of changes to structures, processes and procedures. Approximately 110 Advisory Group meetings were held in 2016 9 Board communications were circulated to NCCWN staff and advisory group members to outline actions for Projects, provide feedback on organisational and policy issues and encourage input from staff and advisory members 3 National planning & evaluation sessions 2 national funding applications were submitted: • IHREC Human Rights & Equality Grant Scheme — application was unsuccessful • Gender Equality Activity of the European Social Fund (ESF) Programme for Employability, Inclusion and Learning (PEIL) 2014-2020 — awaiting application outcome
To develop and consolidate the collective approach of the NCCWN	 Develop new organisational strategic plan reflective of the organisation's vision and mission of changing structures 	National Strategic Plan agreed and in place

Continue to maintain and develop robust planning and reporting processes and procedures	Templates developed and agreed with DJE for 2016. A DJE Audit internal audit of NCCWN for 2016 was carried out in August and September 2016. The audit focussed strongly on governance in addition to finances. In addition to national audit, local audits were carried out in Clondalkin Women's Network, Ronanstown CDP, Limerick Women's Network and Southwest Kerry Women's Association. The audit report issued in December and NCCWN await a meeting with DJE officials to discuss report.
 Relaunch the NCCWN at national level to develop a national profile under the DJE Raise the profile of NCCWN 	NCCWN National Launch event in planning stages for 3 February 2017. Minister Fitzgerald has agreed to address the event. Planning sub-group formed 5 launch planning meetings held
	 and develop robust planning and reporting processes and procedures Relaunch the NCCWN at national level to develop a national profile under the DJE Raise the profile of

Qualitative Report 2016

Strategic Priority 1: Engagement

Engage with women experiencing disadvantage through outreach and predevelopment work in order to reduce isolation, increase confidence, build relationships and empower women

Objectives	Actions
To support marginalised women to overcome the barriers that prevent them from reaching their full potential in society	 Develop outreach strategies to engage the most marginalised and isolated women to support their participation. Carry out needs assessments to identify appropriate services and supports Provide services and supports where needed to address barriers Facilitate access through referrals to existing services and supports available.
To engage, support and encourage women to participate in all aspects of community life	Retain and develop our presence in local communities, providing first point of contact including drop-in centres
To engage women and promote women's equality	 Organise events and information sessions/opportunities that provide hard to reach women, with information on specific issues that affect them. (E.g. Health screening, education, VAW services) and referring or signposting to existing services. Support the development of networking and support structures for women in local communities
To raise awareness of women's equality issues	Use a collective approach to raising awareness by marking key dates and engaging women in a range of campaigns of key dates and events for women i.e. International Women's Day, Rural Women's Day,16 Days of Action Against Violence Against Women etc.

Throughout 2016, NCCWN Projects continued to outreach to the most marginalised women in their areas. Women were supported within the Projects or signposted to other services and supports based on identified needs. Supports to women ranged from counselling, childcare, parenting, domestic abuse, mentoring, to mental health and well woman clinics and women's group support etc. Project staff worked with women, supporting and encouraging them to access services and supports available in their communities.

Projects also used a variety of methods to promote and facilitate access to services, including newsletters, media, websites and social media, one-to-one engagements, referrals and word of mouth. Agencies that projects referred to include training centres, VTOS, NALA, Women's Aid, Women's refuges, MABs, Pieta House, Legal Aid, SICAP, Homecare Agencies, Social Workers etc.

With no programme funding available to them, our Projects worked hard to try and source funding from a variety of sources. Money leveraged allowed them to deliver a range of engagement opportunities and capacity building and tailored learning activities, often involving extensive outreach work in hard to reach communities.

Such activities included the provision of events, information and training aimed at women. Sixty-three information days and forty-nine celebration days were held, in addition to twelve awareness raising campaigns on issues such as Breast Cancer Awareness, Gender Equality Awareness, End Direct Provision, Message in a Bottle, Human Trafficking and local campaigns. Awareness of these campaigns was raised by phone, email, posters, media and presentation.

Our Projects reported a range of methods of engagement including:

- Securing funding of over €33,000 for a range of counselling services and offering, 1,558 sessions of bereavement, loss, crisis, family and abuse counselling
- Enabling organisations such as MABs, CIS, Community Gardai, ETBs and domestic violence services to hold outreach clinics in Projects.
- Space and supports provided for support groups such as 'Living with Addiction' (for family members of addicts, ELLA (Lesbian & Bi-sexual women), GROW (overcoming mental health problems)
- Operating positive mental health support groups such as 'Mind Matters'
- Supporting 97 women's groups and supporting women and local residents to participate in, contribute to and lead local community groups and committees.

International Women's Day (8th March) events were hosted by all 17 NCCWN Women's Projects which provided opportunities to outreach, highlight women's equality issues and raise the profile of the NCCWN work at local level. 1916 Commemorations and Women's History Projects were also delivered as part of IWD this year.























"Knowing Dochas is there whenever you need them is so important, as it can be just enough to get you through life. I was a young widow left with 5 children and grief stricken and really had nowhere to go in Monaghan. I was taken to Dochas by a friend who was worried about my state of mind. I will never forget the warm welcome I got there, the cup of tea, the arm on the shoulder and the listening ear and support"

Participant in NCCWN Dochas in Monaghan

Strategic Priority 2: Participation

Facilitate progression of women experiencing disadvantage from engagement to active participation

Objectives	Actions
To mobilise women, raising their consciousness of the issues affecting them	Promote and support the engagement of women experiencing disadvantage to participate in women centred capacity building programmes.
To build women's capacity to represent the collective concerns of women especially those from marginalised communities	 Design and carry out actions that support and provide opportunities that enable women to develop their potential and make informed choices about their future. Actions to include consciousness raising, empowerment, feminism and equality. Provide women's community education programmes. Support and organise the delivery of a range of accessible formal and non-formal community education and training programmes, that are tailored to meet the needs of women in our communities
To represent and support women's representation and participation in a range of relevant structures	 Identify relevant local structures for women's participation including PPNs, local school's committees, LCDCs, partnerships, ETBs where women's participation Support participation of new and existing women's groups and build capacity by supporting volunteers with skills to participate on community policy and decision making fora.
To challenge barriers to women's participation locally, regionally and nationally	Support women to name barriers to their participation and work with relevant organisations to identify needs and reduce barriers to women's participation

Community education is a way of working for many Projects in the NCCWN. Often our projects are the only provider of education and training specifically designed to cater for disadvantaged women in a particular area. In recognition of women in their role as primary carers, our Projects plan, promote and deliver a range of accredited and non-accredited education programmes in response to the identified needs in a local area.

Again, our Projects sourced funding to deliver a range of capacity building and tailored learning activities, often involving extensive outreach work in hard to reach communities. Projects worked on a one to one basis with women, supporting and encouraging them to access progression routes. Projects have found that this type of work can act as a catalyst to further education and development opportunities. In 2016 Projects offered 158 training sessions with 4,325 participants.

Projects also worked with NALA and their local ETBs to provide relevant courses for women. ETBs are supported to hold outreach clinics in local projects, where that need has been identified. The women Projects work with often have a fear of engaging in formal education programmes due to earlier negative experiences in formal education. Projects work at a personal level with women, encouraging them to access the services available to them.

A range of accredited courses were offered from QQI components, FETAC modules in information technology, language and culture, retail sales, applied psychology and social studies. Non-accredited courses included craft courses, language classes, self-development, fitness and cookery.

Projects actively participate in local social inclusion and education and training networks to highlight the needs of local disadvantaged women and promote the activities and services that local education and training organisations have to offer. In 2016, there were 140 committees/interagency groups with NCCWN members. These ranged from family support networks, community education networks, training networks, mental health and domestic violence networks to public participation networks, childcare networks and committees, feminist networks, women in business, social inclusion and other interagency groups.

NCCWN local, regional and national structures provide an effective framework for challenging barriers by building capacity and enabling women not usually heard to have a voice.

Projects have identified that one of the main barriers to women's participation is childcare. Projects support women to access affordable childcare through provision of places at childcare facilities attached to our Projects, or by signposting women to community childcare in their areas thereby improving access to these opportunities for many disadvantaged women. Some of our Projects offer crèche, preschool and afterschool services. In 2016, we had five childcare centres with 166 childcare places (plus an additional 29 childcare staff funded by Pobal /DSP).

Projects held information evenings with women and the local training and employment service providers (i.e LEADER/Skillsnet officers) to encourage women to avail of existing services in their area. Throughout the country, we provided work experience opportunities and CE/Tus placements for marginalised women. Projects also supported women in job readiness through: C.V. preparation, provision of training spaces for relevant services to engage and signposted them to local employment services. They provided training and employment opportunities through running programmes such as BTEI, EWM and Local Training Initiatives (LTI) and through providing work experience and training in social enterprises such as project cafes and charity shops. In order to provide access to information and supports, some of our Projects offer space for local LES offices and self-employed holistic therapists to operate from.

CASE STUDY: How the Blayney Blades Has Impacted My Life

Blayney Blades Women's Group had an impact on my life before I even knew it existed. When I was 17 my mother fell pregnant with my brother, after having just myself and my 15-year-old sister this was a huge change for the whole family. She had been working for years and now she found herself a mother with 2 teenagers and a small baby.

My mother was encouraged by members of Blayney Blades to join the Moving On programme which had been developed to help women and young mothers who found themselves isolated. Through the moving on she was able to put Joshua in to crèche while she attended her classes and completed her work experience. It gave her a new lease of life and through the programme she has made lifelong friends who she still has contact with to this day.

I became pregnant at the age of 21, I hadn't gone to college after school and bounced between jobs and courses. By the time, I gave birth to my son I was a single mother and panic had set in. I had no formal qualifications and was panicking over how I am supposed to provide for my son.

My mother encouraged both myself and my sister, who never completed secondary school, to join the Moving On programme with the Blayney Blades because she knew that the support we could both receive would be second to none. I can honestly say it was the best thing I have ever done. It helped get me in to a new routine, it got me out of the house and helped my son socialise with other kids. It also got me in to the right frame of mind to go on to further education.

So again, both myself and my sister enrolled in DkIT. I started a Degree in Applied Bioscience and she started a Degree in Event Management. The three years were very difficult but I became the ultimate multi tasker, between being a mother, looking after the house and being a student.

After I completed my degree it was time to hunt for jobs, that didn't go as well as I had planned and so I started completing employment schemes. I done an internship for a Secondary school where I started thinking I would really love to teach and help people, adults in particular.

A while after I completed my Internship I was selected for a TUS scheme and was placed with the Blayney Blades as an administrative assistant and it really opened my eyes as to what these ladies do for the people of our community. Everyone is welcome to share a cup of tea without prejudice or judgement. During my time, there Olive and Lorraine both encouraged me to complete my Train the Trainer so that I might someday be able to teach adults.

As my time with the Blades was coming to an end the position of Assistant Coordinator came up for the Moving On programme, I was encouraged by everyone at the Blades and by my own family to apply for the position. Now thanks to the Blayney Blades and the support I received I have a job for life (subject to funding) as the Assistant Coordinator of the Moving On programme.

A lot has changed in the way that the programme is run from I completed it but all the problems the learners have are still the same. I am able to actively encourage single mothers who want to go on to further education because I have been there, I am able to assist our learners with many difficulties that can come with being on social welfare, budgeting, applications etc. because I have been there.

I am now able to pass on the support and assistance to our learners that my mother, sister and myself received from the Blayney Blades over the past 15 years.

CASE STUDY - ROSCOMMON

Caroline came in to the RWN Drop In Centre in 2014, her confidence was low and she was looking for something? She wasn't sure what she wanted. A typical middle aged woman who had spent her life focusing on bringing up her children. The children now all in College or working, Caroline had time for herself but did not know how to fill that time. Having left school "back in the day", Caroline had no formal qualifications but a life time of experience. She wanted to go back to education but had a fear of the classroom.

RWN staff supported Caroline on to a STEPS – personal development course. She attended 2 mornings a week over 6 weeks in the RWN resource centre. You could see Caroline's confidence slowly come through. She now had an idea of what she wanted to do for herself and not long later enrolled in the RWN Training Centre QQI Level 4 Employment Skills. This is a full time course set in a community education environment. Caroline was initially quite nervous, fearing she would be a student alongside younger people her children's age. This was the case, but the environment was relaxed and promoted the intergenerational mix and did not cause the problem Caroline had anticipated. Whilst a student in the RWN training centre, Caroline attended a number of counselling sessions in the resource centre to help her with a compressed anxiety that she had never dealt with. Attending counselling was not a problem for Caroline, as she already felt comfortable within the environment. Caroline also availed of citizens information advice within the same building. She volunteered in the charity shop, using her new found skills learnt on her training course. Bringing all these services together under the one roof eased the barrier that Caroline had created in assessing services, Caroline could be attending counselling or volunteering in the charity shop, no-one would be any wiser as to what service she was accessing and this helped Caroline.

Caroline is now in her final week of QQI Level 5 Information Processing, a much more confident person she has plans in place to start at 3rd level studying History and Geneology

NCCWN Training Days & Events 2016































Develop strategies to promote women's equality and inclusion and highlight policy issues

Objectives	Actions
To promote disadvantaged women's equality and inclusion locally and nationally	Research, identify and articulate the needs of disadvantaged women at decision making arenas locally, regionally and nationally, to influence the development of policies and decisions that affect their lives.
To highlight the needs and perspectives of disadvantaged women by challenging inequalities	 Develop relevant awareness raising events and campaigns Engage with all Government Departments on issues in relation to women
To collaborate and work in partnership on relevant representational structures in relation to women's equality issues	 Strategically collaborate and work in partnership with local, regional and national organisations on relevant and agreed objectives to benefit disadvantaged women Feed into policy development in relation to women experiencing disadvantage through representations, submissions and contributions to policy documents Join and become active in the Community Platform
To build capacity of NCCWN Projects to outreach, engage and support participation of women experiencing disadvantage	Build and strengthen the capacity of local women to identify and voice their concerns and participate in society.
To highlight women's equality issues	Develop and effectively implement local area work plans and results framework, based on local needs and in line with agreed national equality priorities.

NCCWN Women's Projects continue to play a critical role in raising awareness of gender equality through engagement with local development companies, rural development agencies and other local, regional and national bodies tasked with community and local development.

The Women's Equality & Development Programme provides an opportunity for greater visibility for women in poverty and living in disadvantaged communities.

NCCWN have partnered with NWCI on *Making Women Central to Local Government* project. Nationally and locally, NCCWN is contributing to the development of a gender proofing plan and document to help raise awareness among local authorities, LCDCs and

SICAP implementers of their responsibilities in relation to the inclusion and participation of women.

The NCCWN is represented on the National Women's Council of Ireland (NWCI)'s Board of Management. The NCCWN is also represented on the Women Human Rights Alliance (WHRA), Abortion Rights Campaign (ARC), Community Work Ireland (CWI), Community Platform and the Irish Observatory on Violence against Women.

NCCWN is a member of the DECLG/POBAL SICAP working group. We participated in a SICAP Briefing event in May – and NWCI/NCCWN hosted one of the workshops on ensuring women's inclusion. At the workshop, NCCWN Donegal presented a case study in relation to their work on gender equality at local level.

In January, the NCCWN made a submission to Irish Human Rights & Equality Commission (IHREC) Strategic Plan to ensure the inclusion of disadvantaged women and in February, NCCWN made submission to the Public Consultation on "Commissioning Human, Social and Community Services". Local projects also participated in IHREC regional consultation workshops on women's human rights in Ireland.

Women's Projects provide opportunities for greater influence and synergies with local government structures, and particularly in ensuring that gender equality is mainstreamed across local government and through the work of local community and development organisations.

The current model has highlighted the importance of giving specific attention to policy in addressing the impact of the economic crisis on women experiencing disadvantage. A major strength of NCCWN is the way in which it effectively connects women at the local level to a strategic role at the national level, and in turn links national priorities to the local level. NCCWN staff represented women's affairs at local level and participated in decision making structures. NCCWN staff and advisory committee members sat on a number of boards and committees including LDC Boards, RAPID AITs, PPNs, Youth Forum, local education networks.

Alignment and the restructuring of local government has meant changes in many of the areas in which NCCWN works, however some project staff have been elected onto the new Local Community Development Committee in their area.

Projects have actively participated in planning and consultation workshops feeding into Local Community Development Plan, ensuring that the voice of women was heard at local planning and decision making tables.

NCCWN Projects work collaboratively in their area to ensure that they resource individuals and communities that are most socially excluded to access participate and become involved with policy, practice and decision-making processes on matters affecting them and their local community.

NCCWN Projects ran voter participation/registration programmes to support women to vote in local government elections.

Strategic Priority Area 4: Organisational Development & Sustainability

Develop the NCCWN to be able to fulfil its objectives and to ensure the sustainability of the organisation

Objectives	Actions
To build capacity of NCCWN management to support the NCCWN locally and nationally to develop and enhance operational capacity	 Strengthen the NCCWN Board by ongoing capacity building and upskilling Ensure highest levels of governance and accountability Ensure the NCCWN Board are complying with employment responsibilities and obligations
To ensure the sustainability of NCCWN	 Provide staff development and training Ensure feedback mechanisms are in place to support communications between local and national structures Ensure Advisory Groups locally are supported to participate in governance structures at local and national level. Identify organisational needs and develop strategies to ensure adequate resources to support the sustainability of the organisation
To develop and consolidate the collective approach of the NCCWN	 Develop new organisational strategic plan reflective of the organisations vision & mission and of changing structures Continue to maintain and develop robust planning and reporting processes and procedures
To develop a national profile	 Relaunch NCCWN at national level to develop a national profile under the new Department Develop a collective NCCWN brand
To build capacity of NCCWN management and staff to inform and input to organisational and policy development	 Establish and agree a format for projects to promote the mission and vision of NCCWN Coordinate local actions and promote and brand these actions under the banner of NCCWN

9 NCCWN Board Meetings and 8 Financial/Employment Sub-Group meeting were held in 2016. Each Board meeting addresses organisational, policy and employment issues. The meetings also provide a forum to discuss any training and development needs.

Governance training was held on 29th and 30th April. NCCWN have registered with the Code of Practice for Good Governance. Following the training, board member induction information was updated.

Three staff members retired, one resigned and six staff recruitments took place in 2016:

- February NCCWN/SWAN Administrator (Dun Laoghaire/Rathdown)
- April NCCWN/SKWA Coordinator (South Kerry)
- May NCCWN/WTT Coordinator (Tallaght)
- June NCCWN/Ronanstown Administrator
- September NCCWN/SWAN Coordinator (Dun Laoghaire/Rathdown)
- October NCCWN/SKWA Development Worker (South Kerry)

NCCWN transferred to Department of Justice & Equality (DJE) on 1st January 2016 and contracts were agreed and signed.

Staff training for NCCWN Administrators took place in April. Administrators were trained on updated NCCWN financial processes and procedures and a standard NCCWN Administrator Job Description was developed outlining current roles and responsibilities. NCCWN Development Workers' training session took place in May and Coordinators' training took place in June. Staff were trained and updated on their roles and responsibilities within local projects and standard NCCWN job descriptions were developed for both roles.

NCCWN staff and advisory members fed into the development of a new NCCWN strategic plan through a national consultation workshop and circulation of draft plan. Strategic plan for 2016 – 2020 was finalised early in the year.

The national coordinator and administrator continued to liaise with DJE officials and NCCWN staff to develop and update templates and procedures to ensure that planning and reporting mechanisms reflect NCCWN work with disadvantaged women and priorities of the Department of Justice & Equality.

Consultations were carried out with NCCWN staff and management to relaunch NCCWN and a subgroup was formed to plan the relaunch for early in 2017. First steps were taken in collective branding with the updating of NCCWN local Projects' letterheads to have a similar look and feel.

Work also took place on the national NCCWN social media page with all local projects feeding in and posting upcoming events.

Consultation mechanisms were developed for management to communicate with NCCWN Projects on organisational and policy issues on a monthly basis. These mechanisms also encourage input from NCCWN Projects.

An audit of NCCWN was carried out by the Internal Audit Unit of the Department of Justice and Equality in August 2016. The work was designed to offer reasonable assurance that there were adequate management and control systems in NCCWN and that these were robust and operating effectively. The audit also considered the effectiveness of the reporting relationship to the Gender Equality division in the Department of Justice and Equality. The scope of the audit was limited to an examination of management and control systems, business processes and procedures in place for the period 1 January 2016 to 31 July 2016. 4 local NCCWN Projects were also reviewed to assess the level of controls in the Projects and to ensure that deliverables were being accurately recorded, monitored and reported. It was also used to assess how oversight of the projects was being implemented centrally by the NCCWN.

APPENDICES

WOMEN'S GROUPS SUPPORTED

Donegal TOFU –	Ballybofey Stranorlar Women's Group		
Cranford Women's Group	Ernedale Heights Women's Group		
Tobar ns mBan Women's Women's Group	Moville West Women's Group		
Dungloe Ladies	Donegal Youth Council		
Womens Groups x2	New Irish Communities		
Single Parents	Active Retired		
Newly Unemployed Women	Women Family Carers		
Women Upskilling	Women Returning to Work		
Early School Leavers	Travelling Community		
Women with Disabilities	Roscommon Women's Manifesto		
Rowlagh Women's Group	Ronanstown CDP		
Clondalkin Traveller Women	Happy Friday Club		
Sruleen Women's Group	Knockmitten's Women's Group		
Bawnogue Women	SWAN Knitters		
SWAN Cardmakers	Conversations Women's Group		
Suara Singing Group	CWN Meditation Group		
La Leche	Women Exploring Options		
Lead Into Employment	Health & wellbeing Group		
Health House	MISG		
Mullaghmatt Women's Group	Tydavnett Women's Group		
Scotshouse ICA Solas Mental Health	Monaghan ICA Mother & Baby		
Curam Senior Social Group	Circle of Friends		
Caherdavin Women's Group			
·	St. Munchin's Women's Grup		
Limerick Feminist Network	Tome Out St Marys		
Adapt Support Groups x3	Southside Women's Group		
Northside Older Women	St Xavier's Women's Group		
St Leilia's Women	St. Mary's Older Women		
North Star x 3 groups	Bedford Row Women's Group		
Community Companions	Our Lady of Lourdes Group		
Time Out Group	Hospital Women's Group		
Moyross Knitting Group	Travellers Women's Group		
Disability Group	Separated Women's Group		
United & Strong	St. Enda's Cookery Group		
Queen of Peace Women's Group	Women in Agriculture		
Clondalkin Women's Network	Bosom Buddies		
Get Ahead Club	Glencar ICA		
Ronanstown Community	Dromid ICA		
Cahersiveen ICA	Eist Linn		
Mna na Caladh	Iveragh Gardening Club		
South Kerry Advisory Group	Kells Foilmore Women		
Blaney Blade International	Women 5050		
Women in Business	South Kerry Women in Business		
Circle of Friends	Roscommon Women's Manifesto		
Roscommon Women's Group x 2	Advisory Groups		

MEMBERSHIP OF COMMITTEES/INTERAGENCY GROUPS

Family Support Network

Clare AG Clare LAN

Clare Intercultural Network Intercultural Ed & Diversity Centre

IWD Planning Group Festival of Feminisms Regional Meetings

An Cosan LC ETB

Regional Research

NUI Maynooth Politics Students

Clare Haven PPN Coord Clare Co Council

National Strategy for Women

Waterford – LAN

Diversity Committee of Waterford

Place of Sanctuary Lone Parent Strategy Waterford Youth Arts Waterford Childcare

Waterford Childcare Committee

NCCWN Board Tusla Family Support Comm Work Space

Aontas The Platform PPN

CEEDS

Monaghan – PPN/ Women's Network/ Social SPC/

Housing SPC/ LCDC Equality

/PPN Secretariat/

MID/

Mental Health sub group /Social Inc Sub Group/ Tusla Family support LINK Comm Ed Network Monaghan Women's Network

NCCWN Launch Group

Monaghan Co.Council social, cultural and comm

dev

Monaghan PPN

Aontas Get Ahead/

Community Childcare S Dublin Partnership North Leitrim – LCDC Comm Dev Sub Group North Leitrim LCDC Eist Linn Network

South Kerry Meitheal
South Kerry Learning Support

IITT KDYS

NCCWN Board

Tallaght Community Directors
South Dublin Community Platform

Killinarden Drug Primary Prevention Group/

Fettercairn Littleones Ltd

Commuity Development Advisory Group Tallaght

CDP

NCCWN Peer Support Nccwn Dublin Region Roscommon LCDC Towns Team

RAD

Wexford Breakfast Group
Wexford Support Network
Framework Support Agency FRC
Community Ed Network

Community Training & Ed Centre

South End FRC FAB CDP

Donegal Anti -Human Trafficking Group

International Stop the Traffick
Donegal Domestic Violence Service

Donegal Women's Centre Donegal PPN Secretariat DWN advisory Group Meetings

Donegal SIMs

Social Inclusion Linkage Group Housing & Corporate SPC Common Chapters 5050 Northwest

Mullingar PPN
MABS
Refuge
HSE
Tusla
Clondalkin
Ronanstown CCC

Healthy Living House

Bawnogue Community Meetings

South Dublin PPN

Community Rights Platform Dun Laoighre Rathdown PPN Reach Out Northside Creative Communities

Limerick LAN

Limerick City CDP Link Group

Moyross Adult Ed Network

Regional Meetings IWD Planning Group Reproductive Manual Limerick PPN/

LCDC/ St P Day Planning

Feminist Gallery Planning Group

Feminist Voice Research
Fair Trade Working Group
Training for Transformation
Brochure Planning Group

Ronanstown CWN

TRAINING DAYS /COURSES

Traveller Women Sewing Class Arts Crafts & Drama Class

Power of Positive Thinking X 13 sessions

Time Out For You – Women with Disabilities x 4 sessions Gender Equality Workshops with schools x 10 sessions

Need It /Want It workshop 1916 Workshops x 6 Maynooth Workshop Voting Workshop WOW Conference

Management Committee Training Health & Wellbeing Workshop Fuel Food & Mindfulness Health & Wellbeing Day Intercultural Presentation Health & Safety at Work

Communications Work Experience

Human Growth & Development Care Provision & Practice Care of the Older Person

Care Skills
Care Support
Social Studies
Pallative Care

Patient & Manual Handling Elder Abuse Workshop Childcare Level 5 – 7 modules Childcare Level 6 – 9 Modules

Pilates Yoga Sewing

Digital Photography

Dance

Basic First Aid Needlecraft Computers EFL SafeTalk

Intro to Sewing

Intro to Pilates Intro to Aromatherapy Painting on Fabric Intro to Yoga Reflexology

Mindfulness Flower Arranging

Level 3 General Learning – 8 modules Level 4 General Learning – 6 modules

Claremorris – 7 workshops Tallaght Yoga x 7 sessions Tallaght French x 3 sessions

Crafts x2

Spanish Workshop

Gardenina x 6 weeks

Aroma therapy & Stress Management

Health & Wellbeing

Lecture

QQI L4 Info & Communications x 14 months

QQI L3 x 12 months

Living History Project x 6 weeks Women's Living History x 6 weeks

Mindfulness x 8 weeks

Pathways Personal Dev x 6 weeks Around the World Cookery x 6 weeks

Takeaway Cookery at Home Digital Design x 6 weeks Booking Workshop x 3 weeks

Patchwork x 3 weeks Field Trip

Peg Loom Weaving x 2 weeks
Straw & Rush Crafts x 2 weeks
Basket making x 3 workshops
QQi Food & Nutrition x 10 weeks
Personal Development x 4 weeks
Healthy Eating Cookery x 6 weeks
Living in the Flow x 2 weeks

Living in the Flow x 2 weeks
Needlecraft x 4 weeks
Green woodwork x 2 weeks
Expressive Writing x 6 weeks
Christmas Flower Arranging
Christmas Cookery

Christmas Crafts
Book Club weekly
Yoga weekly
Pilates weekly
Tai Chi weekly
Knitting Weekly
Coffee Mornings x 8
Coderdojo x 6
Fit for Life Workshop

Cookery
DIY
Social Media
Crochet Weekly
Home Herbs
Make Up Classes
Fair Trade Workshop
Training For Transformation

Feminist Training
Enrolment x 3

QQI L3 x 17 Weeks 'Ireland & Me' Intercultural

Programme

Ronanstown Knitting x 6 weeks

Women Gender & Social Justice x 10 weeks QQI L3 Personal & Interpersonal Skills Yoga Health & Wellbeing x 6 weeks Active Retirement Diversity 55s x 14 weeks

QQI L3 Career Skills x 11 weeks

Conversational English Women's Group x 16 weeks

Breaking Barriers to IT x 11 weeks

Monthly Book Club

Health & Wellbeing x 10 weeks

Drama x 10 weeks

Community & Culture

QQI Career Planning

Spring Garden Container Workshop

Autumn Garden Container Workshop

Christmas Wreath Making

Maine Valley Women Committee Training

Knots Knitting Group weekly

Card Making Group Weekly

SWAN Yoga weekly x

Young Women's Group

ETB QQI x 6 modules

SWAN personal Development x 6 weeks

Parent & Special Needs Children x 8 weeks

After School x 12 weeks

Myers Briggs

SWAN Computers

Marissa Carter Make Up Master Class x 6 weeks

Jewellery x 6 weeks

One – One Computers

SWAN Visitors

Felting

Floristry

Fit Steps

Geneology

Knit & Stitch

Beginners Art

Advanced Art

Equality For Women over 50 years

Social Media Workshop

Happiness To Thrive

Angel Workshop

Christmas Crafts

Art &Mindfulness x 10 weeks

STEPs Confidence Building x 6

SAOR Training

PX2 Confidence Building

Mental health Training

Taking Control x3

Quiet Space weekly

Social Enterprise Learning

LGBT Training

Mindfulness x 6 weeks

Simple Success to Life Coaching QQI L3 Personal Care & Presentation Community & Culture Friday x 8 weeks

INFORMATION/AWARENESS RAISING EVENTS

PPN Days Ballyshannon, Raphoe & Letterkenny

Enterprise Ennis Showcase

Networking with LINK

Festival of Feminisms

Meet your Election Candiates

CWN Networking

Repeal the 8th Morning

Breast Awareness/Paint it Pink

Open Day & Healthcare Recruitment

Claremorris 7 events

Tallaght Enrolment

1916 Quilt Exhibition

Mayor's Health Day

Networking Day

Domestic Abuse Workshop

Women in History

LINK Networking

Health & Wellness x 2

Hospice Planning

Understanding Dementia

Healing

decluttering

Positive Parenting

Pre-loved Sale

Healthy Lifestyle

Downs Syndrome Info

Understand Arthritis

Craniosacral Therapy

Fire Safety

Look After You

Educational Tour of St Johns Castle

Networking Limerick & Waterford

Creative Communities Video Making

Purple Up Campaign Session

Educational Opportunities

Purple Up Rally

Wreath Launch

Brochure Launch

Women Gender & Social Justice Enrolment x 2 weeks

Enrolments x 3 Days

16 Days Light a Candle

Silent Vigil

IHF Heart Health Day

Digital Age Presentations

Women in Agriculture AGM

CIC

Paint It Pink Breast Cancer Day

Discounts for the Elderly

Aontas

Alcohol Awareness

Meet & Greet Politicians

Refugee Clinic

Diet & Sleep

Capacitor For Carers

Counselling Skills For Every Day

Irish TV Production

Disability Awareness

Darkness Into Light

Reuse Recycle Launch

Women's Wellbeing

Women's Manifesto

CELEBRATION EVENTS

Aontas Adult Learning

Wexford International Women's Day 'Cakes & Conflict'

Donegal International Women's Day

Donegal 16 Days Exhibition

QQI L4 Awards Ceremony - Employment Skills Training

The Gathering of Women – 16 Days

DWN 2oth Anniversary

IWD Join us on the Bridge

IWD Conversations

Community Leadership

Clare 16 Days

CWN Summer Celebration

RISE Play Performance

CWN Christmas Celebration

1916 Celebrations

Certificate Awards Night

IWD Mullingar

Student Christmas Party

16 Days

CLAREMORRIS 4 EVENTS

IWD Tallaght

Tallaght 16 Days

Networking Day

IWD Waterford

Blue Plaque Unveiling

Waterford 16 Days

Diversity Launch

Nollaig na mBan

IWD Leitrim

Christmas Celebration Ronanstown

Kerry Rural Women's Day

IWD Kerry

IWD SWAN

IWD Rowlagh

Tea Dance

SWAN Coffee Morning

Dochas 20 Year Celebration

1916 -2016 Conference

Women's Christmas

Craniosacral Therapy For Babies

RWD Dochas

Africa Day

IWD Roscommon

Sports Day

Castlerea Rose Festival

16 Days Roscommon

Bank of Ireland Enterprise Town

Civic Ceremony

Festive Fun with Mrs Claus